



Cardmaking Guidelines



01. Gather your supplies

You can use any craft material you like when making your card! For example, card stock, scissors, glue, stickers, tape, glitter, paint, colouring pencils and pens— anything you have!



Decorate and write in your card

02.

The front of your card should be colourful, creative, a work of art!

Inside your card, we ask for positive, uplifting messages to brighten up a patients' day in hospital. We don't accept 'Get Well Soon' or religious messages

Examples include: 'Be strong!', 'Keep fighting', 'You're one in a minion!', 'You're turtley awesome!', 'You're roaresome!'

We also accept birthday and Christmas cards where these messages could be replaced with ones, such as 'Jingle all the way' and 'On your special day!'

03. Signing your card

When signing, please sign with 'Love,
Cards for Bravery'



Refrain from signing using your personal information, e.g. email, address, telephone number, etc.

You may write your name and age (e.g. Izzie, age 15) on the back to give a personalised touch to remind the patient an individual is thinking of them

Mailing the card

02.

After you have created your cards, the most important part is to ensure they get to us safely to help us make a difference!

Please send all your cards to this address:

Cards for Bravery
74 Heath Row
Bishops Stortford
CM23 5DF
England



For more information or questions, please contact our Admin Volunteer at contact@cardsforbravery.com